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## Licking County Health Department

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### Cleaning Up Vomit Diarrheal Events Written Procedure Example

#### **GENERAL PRINCIPLES**

- Handle with care anything contaminated with vomit or diarrhea:
  - ✓ Wear protective gear such as gloves, masks and gowns
  - ✓ Soak up vomit and diarrhea with disposable cloths or absorbents
  - ✓ Do not shake contaminated linens and other materials
  - ✓ Remove and discard contaminated linens and other materials in impervious bags
- Clean & disinfect contaminated areas and surrounding areas:
  - ✓ Remove every bit of vomit or diarrhea from all surfaces
  - ✓ Clean with detergent and hot water; THEN
  - ✓ Use 5000 ppm/0.5% bleach solution  $-1^{1/2}$  cups of 5.25% bleach or 1 cup of 8.25% bleach to one gallon of water left in place for at least 5 minutes and followed by a hot water rinse; bleach solution must be freshly made every 24 hours clean with detergent and hot water; OR
  - ✓ Use an EPA-registered norovirus disinfectant

#### CLEANING SPECIFIC ITEMS

**Non-disposable mop heads:** disinfect with 0.5% bleach solution (see above)

**Carpets and upholstery:** carefully remove vomit and diarrhea; clean contaminated carpet or upholstery w/ detergent and hot water; steam clean at 158°F for 5 minutes or 212°F for 1 minute; *do not vacuum* 

Furniture, floors, and other vertical & horizontal hard, non-porous surfaces (in the vicinity of the contaminated area); carefully remove vomit and diarrhea; clean contaminated furniture and other hard surfaces w/ detergent and hot water; disinfect with 0.5% bleach solution (see above)

**Fixtures and fittings in toilet areas:** carefully remove vomit and diarrhea; clean contaminated fixtures and fittings w/ detergent and hot water; disinfect with 0.5% bleach solution (see above)

#### CLEANINING UP VOMIT IN THE KITCHEN

**Work restrictions:** kitchen staff must not be allowed to work if they are vomiting or have diarrhea; furlough anyone with vomiting or diarrhea until symptom-free for 48 hours

# If a vomiting or diarrhea accident occurs in the kitchen:

- ✓ Carefully remove the vomit and diarrhea and disinfect the area surrounding the accident with 0.5% bleach solution (see above)
- ✓ If the contaminated area is a food contact surface, decontamination must be followed using sanitizer at outlined concentration outlined in Ohio Uniform Food Safety Code (OUFSC)